

KANSAS MATERNAL & CHILD HEALTH



Kansas Maternal and Child Health Council

This project is supported by
the Kansas Department of Health and Environment
with funding through the Health Resources and
Services Administration (HRSA) of the
US Department of Health and Human Services (HHS)
under grant number B04MC32543
and Title V Maternal and Child Health Services



Kari Harris, MD

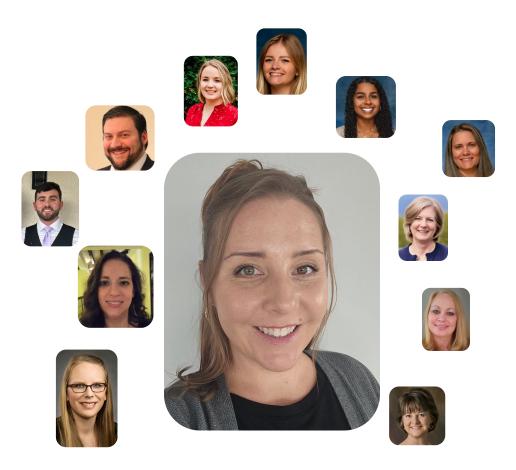
KMCHC CHAIR





Rebecca Bell

Family Support Coordinator Kansas Department for Aging and Disability Services





Brenda Bandy

Kansas Breastfeeding Coalition



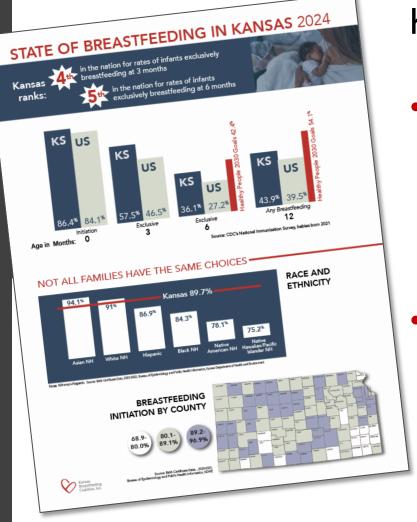


KANSAS BREASTFEEDING COALITION

Brenda Bandy,
IBCLC
Executive
Director



STATE OF BREASTFEEDING IN KANSAS 2024

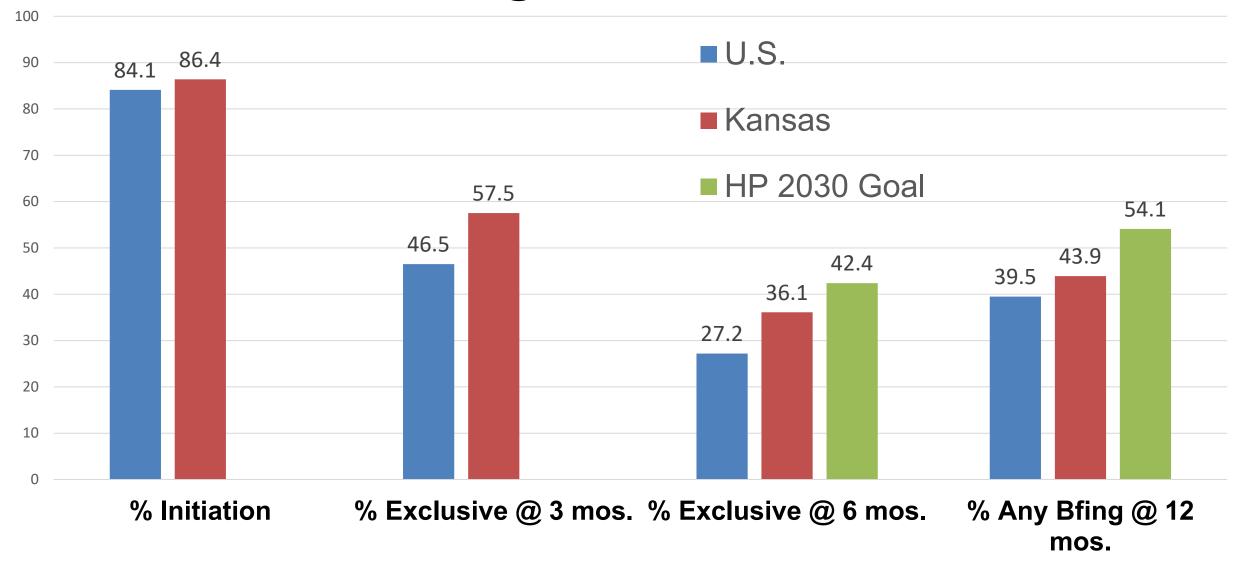


Kansas now ranks:

- 4th in the nation for rates of infants exclusively breastfeeding at 3 months.
- 5th in the nation for rates of infants exclusively breastfeeding at 6 months.

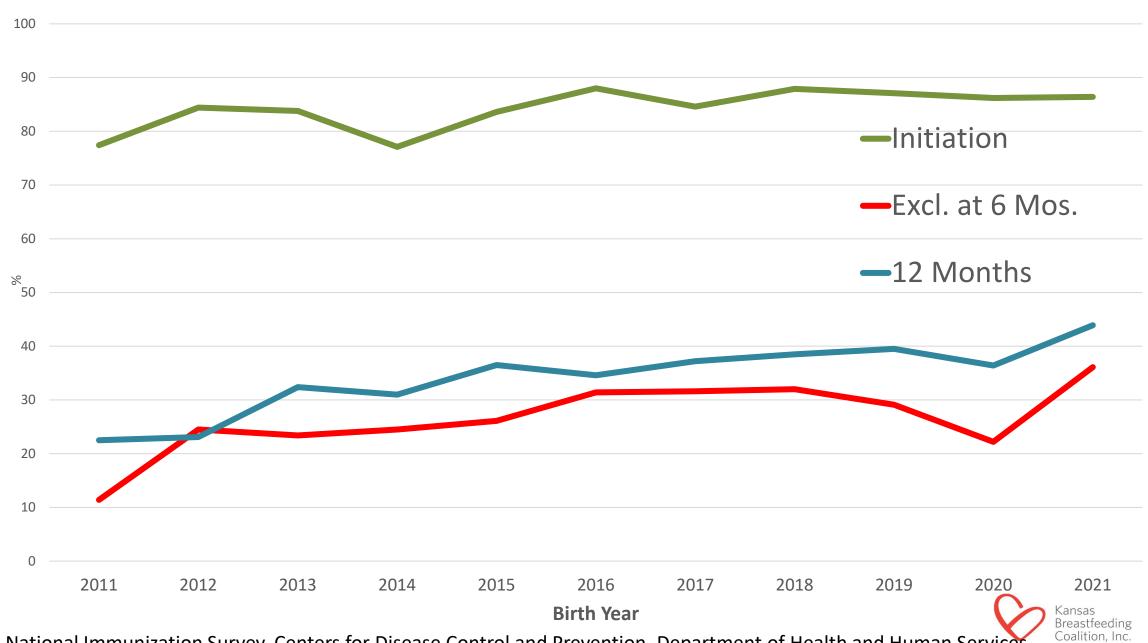


Breastfeeding Rates



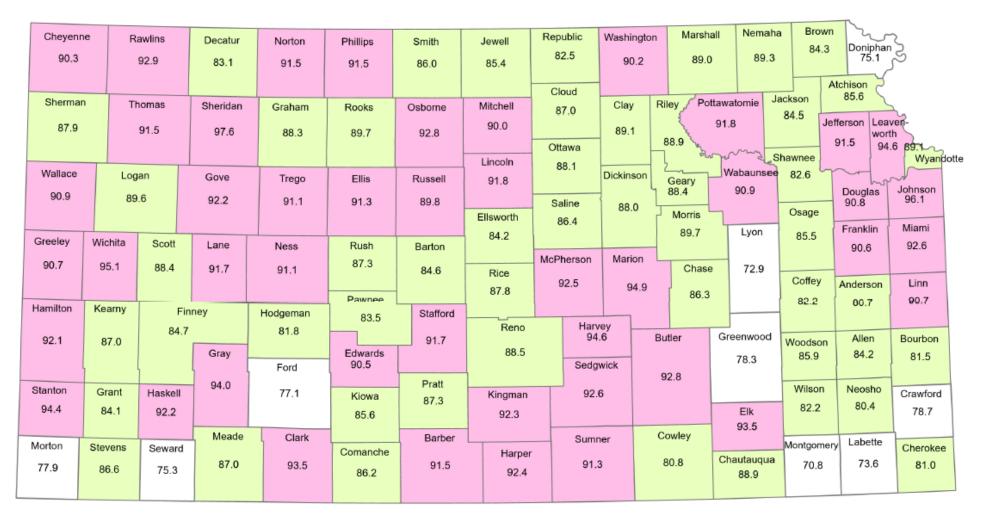


Kansas Breastfeeding Rates - History



Source: National Immunization Survey, Centers for Disease Control and Prevention, Department of Health and Human Services

Percent of live births by initiation of breastfeeding* by county of residence Kansas, 2021-2023

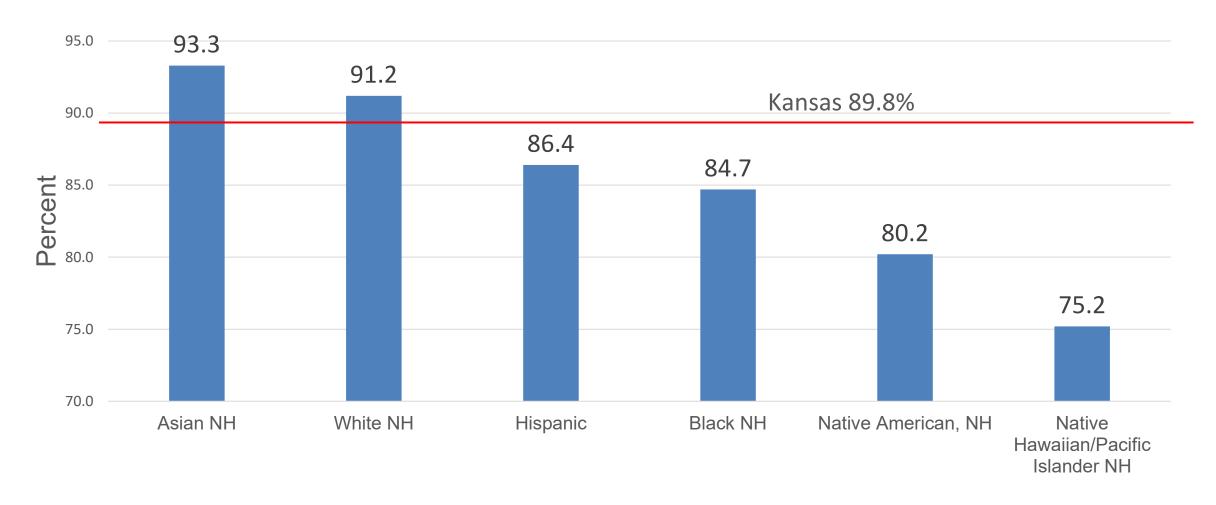


Percent 70.8 - 80.0 80.1 - 89.7 89.8 - 97.6

Kansas = 89.8%

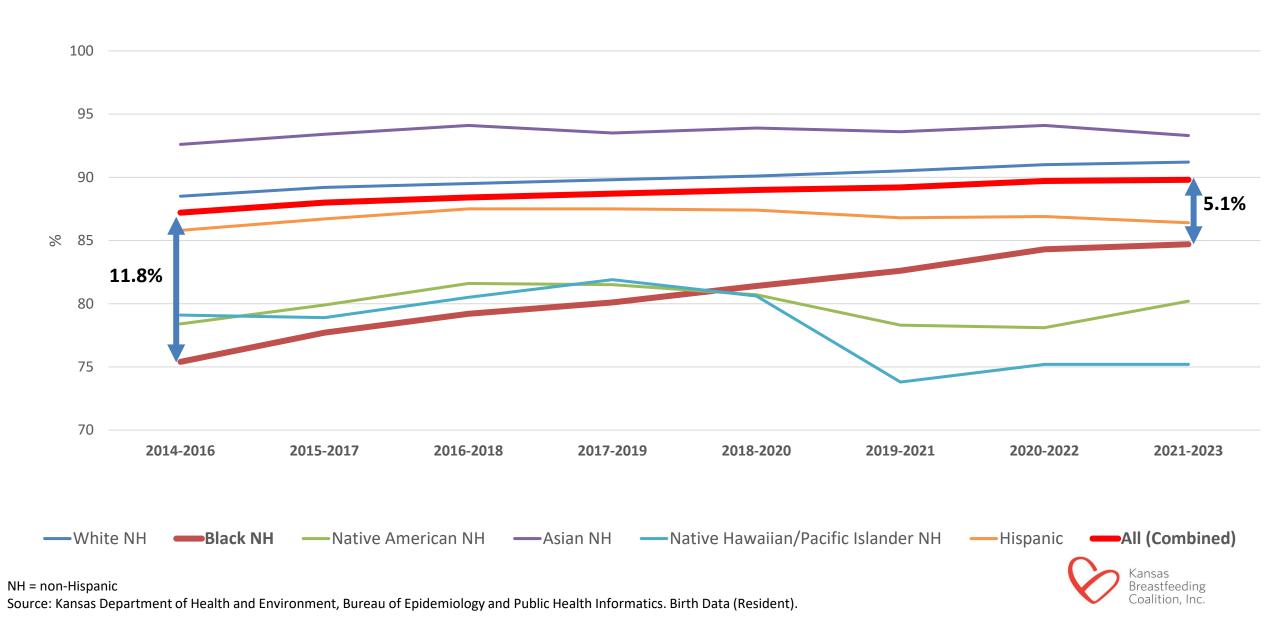


Breastfeeding Initiation by Mother's Race & Ethnicity Kansas 2021-2023





Kansas Breastfeeding Initiation by Maternal Race & Ethnicity



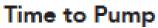


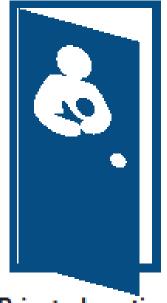
RESOURCES



Know Your Workplace Lactation Rights







Private Location



Protected by Law



Break time	Breaks must be provided as often needed. Hourly workers' lactation breaks may be unpaid unless they are using paid break time or if they choose to work while pumping.	Reasonable break time, as needed.	
Lactation Space	Not a bathroom, free from intrusion and shielded from view	Reasonable space to meet employee's needs.	
How long?	One year following birth	As long as needed—no age limit	
Workers Covered	All workers Except airline light crewmembers. Certain railway & motorcoach employee's coverage starts 12/29/2025	All workers	
Employers Covered	All employers Those with fewer than 50 employees may be exempt in rare cases if they can prove "undue hardship."	Employers with 15 or more employees	
Enforcement	 U.S. Dept. of Labor, Wage & Hour Division, (913) 551-5721 Courts 	Equal Employment Opportunity Commission, (913) 340-8810 or (800) 669-4000	
Need help or information?	 Center for WorkLife Law at (415) 703-8276 or hotline@worklifelaw.org A Better Balance at (833) 633-3222 Kansas Breastfeeding Coalition - ksbreastfeeding.org/cause/business-case-for-breastfeeding or use QR Code below 		
Kansas Breastfeeding Coalition, Inc.		More Information	

Pregnant Workers Fairness Act

PUMP Act

Issue



Breast pumps* and replacement parts are covered for all KanCare female beneficiaries ages 12 through 55.

To ensure timely access, a breast pump should be ordered *during pregnancy*, at least 3 weeks before their estimated due date.

Covered Breast Pumps and Part 1

Covered breast pumps	Covered breast pump replacement parts
E0602 – manual breast pump E0603 – electric breast pump	A4281 – replacement breast pump tube A4282 – adapter for breast pump, replacement A4283 – cap for breast pump bottle, replacement A4285 – polycarbonate bottle for use with breast
	pump, replacement A4286 – locking ring for breast pump, replacement
Coverage is limited to a combined total of no more than 1 pump every year.	Coverage is limited to no more than 2 of each replacement part per year

^{*} Exclusions: The E0604 Hospital grade breast pump and A4284 replacement breast pump shield and splash protector are excluded from coverage.

https://ksbreastfeeding.org/wpcontent/uploads/2021/11/KanCare-BREAST-PUMP-info-11.2021.pdf

Breast Pump Handout

Ordering breast pumps and parts

Online options: (pump will be shipped directly to the parent)

Company	Phone Number	Website
Byram Healthcare	1-877-902-9726	www.byramhealthcare.com;
		https://www.byramhealthcare.com/product-and-
		services/catalog/63324-breast-pumps
Edgepark Medical Supplies	1-888-394-5375	www.edgepark.com
Adapthealth	1-855-406-7867	https://pcs.adapthealth.com/ourbreastpumps/
Medline Industries	1-833-718-2229	https://www.medline.com/search/products/breast%20
		pump

Local options:

Durable Medical Equipment (DME) vendors may have breast pumps on hand or be able to order a breast pump. Call Member Services phone number found in the back of the member's Medicaid card.

Process for obtaining a breast pump through KanCare:

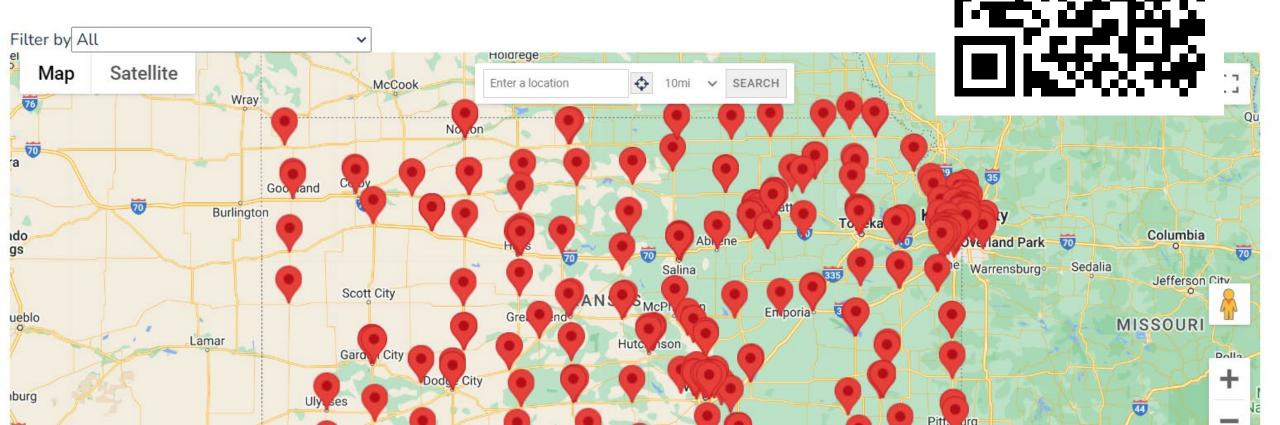
- o Member obtains a prescription from their physician, preferably during pregnancy
- DESCRIPTION OF LOCAL DIMETERS
 - o Member must bring Photo ID and Medicaid insurance card
 - o Member will be asked to complete a form required by DME
- Online DME:
 - o Member must enter Medicaid insurance card information
 - o Member must have physician prescription and/or name of prescribing physician

¹ https://www.kmap-state-ks.us/Documents/Content/Provider%20Manuals/DME_20020_19203.pdf Page 29





Local Resources List





Breastfeeding Resources

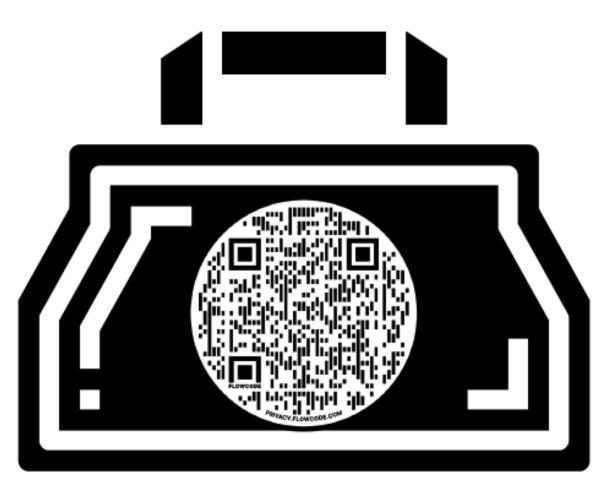
Our goal is to provide quality, helpful resources to families, advocates, and healthcare professionals. This resource page is part of that effort. Please let us know if you have any suggestions for websites, articles, or resources or if you find a broken link.

Contact us.

Advocacy	
Empower Talks and Archived Meetings	
General Resources For Parents	
For African American Families	
Apps For Health Care Providers	Tange 4.40
Breastfeeding Data	
Breastfeeding Special Concerns	



Virtual Go Bag



Scan the QR code or go to ksbreastfeeding.org/home-visitor-virtual-go-bag/



Breastfeeding Signs



Warning Signs

If breastfeeding parent experiences:

- ▶ Red areas or streaking on one or both breasts.
- ▶ Fever (100.4° F or higher) or flu-like symptoms.
- Sharp pains inside breasts.

Call your health provider at _____



Caution Signs

If breastfeeding parent experiences:

- Pain with feeding or pumping that does not go away in 10–20 seconds.
- Nipples that are cracked, bleeding or appear flattened/creased after feeding.
- Breast that feels swollen or hard.
- Lumps or painful spot on breast.

Find Lactation Help:





Going Well Signs

If breastfeeding baby:

- ▶ Infant feeds 8–12 times in a 24-hour period.
- Regained birth weight by 2 weeks.
- ▶ Pees 6 times or more in a 24-hour period by day 5.
- Poops 3-4 times in a 24-hour period by day 4 (poop should be the size of a quarter or bigger).

If breastfeeding parent experiences:

- Uterine cramps with breastfeeding during postpartum. This is a sign of healing.
- Strong tug with breastfeeding, no pinching or pain; any latch discomfort fades within about 10–20 seconds.
- ▶ Breasts that feel soft and drained after feeding or pumping.

Hand expression:*

- Position your thumb above the nipple and your fingers below the nipple about 1-2 inches behind your nipple. Your thumb and fingers will make the letter "C" shape.
- 2. Press your fingers and thumb back toward your chest.
- 3. Gently compress your fingers and thumb together.
- Release and then repeat in a rhythmic pattern: Press, Compress, Release. Continue until the milk stops and then switch to the other breast.

Watch the video for more about hand expression:



*Content provided by Centers for Disease Control and Prevention

Newborn Warning Signs



GO TO EMERGENCY CARE OR CALL 911

- Temperature: If newborn has a temperature of 100.4° F (38° C) or higher.
- Bleeding: If baby was circumcised, any blood soaked in the diaper is urgent. Small streaks of blood are normal, like a small cut.
- Breathing: Has a hard time breathing that does not go away with nose suctioning.
- ► Color: Has blue lips, tongue, or mouth.



Call your baby's health provider at_

(phone #

if your baby has one or more of these signs.

Pee and poop problems

- ▶ There is blood (streaks, flecks, or clots) or mucous with poop.
- Does not pee 6 times within 24 hours by day 5.
- ▶ Still having very thick, dark poop after 4 days of life.
- ▶ Has not pooped in the past 1–2 days.

Bad smells

- Starts to have unusually watery or bad-smelling poop. (Breast milk stools are very loose but do not smell bad.)
- Has a cord (belly-button area) or circumcision site that smells bad or has pus or if the surrounding skin is bright red and warm.

Changes in color

Skin or eyes become more yellow in color.

Changes in behavior

- Is fussier or is sleeping more than usual.
- Misses or vomits most of 2 feedings in a row.
- Crying a lot, with no known cause, or an unusual, high-pitched cry.

Scan for more information on baby care:









This content has been adapted from the 4th Trimester Project™ resources on NewMomHealth.com



FREE Resources for Parents





Know Your Workplace Lactation Rights







Private Location



Protected by Law

- You will need to pump about every 2 hours while every from your child.
- You should not pump in a bull-room Your habs needs about I on all braue
- for each hour you are aport. For most nothers, that's only 8-7 cm, each day A goal to electric bened pump to impo
- contact treat investance compute or health department about priting one.

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- Local Respective/line Response Divisor wanth for exposit by signately at \$5 toknoodesting.org/lead.novecon/

Mother

at work.

BREASTFEEDING

- For Workplace Support:

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- with mentioning times for greet printing





A mother may breastfeed in any place she has a right to be.



"The State of Kansas acknowledges breast milk to be the most complete form of nutrition for infants, with a range of benefits for infant's health, growth, immunity and development."

-From Kansas Law (KSA 65-1,248)

Feeding Tips for Breastfed Babies

Handling Human Milk

- . Store milk in small amounts (1-4 ounces), labeled with baby's full name and date collected
- Store milk in back of refrigerator or freezer.
- Thaw milk in refrigerator or in a bowl of lukewarm water Warm milk by using warm, not hot, water (never microwave)

Storage Location and Temperatures					
Type of Human Milk	Countertop 77°F (25°C) or colder (room temperature)	Refrigerator 40°F (4°C)	Freezer 0°F (-18°C) or colder		
Freshly Expressed or Pumped	Up to 4 Hours	Up to 4 Days	Within 6 months is best Up to 12 months is acceptable		
Thawed, Previously Frozen	1–2 Hours	Up to 1 Day (24 hours)	NEVER refreeze human milk after it has been thawed		
Leftover from a Feeding (baby did	Use within 2 hou	rs after the baby	is finished feeding		

Note: Storage guidelines in the child care setting may be different

Feeding the Breastfed Baby

- Breastfed babies may eat more often; every 1.5-3 hours
- · Watch for hunger cues: turning head from side to side, sucking, hand movements toward face, smacking lips
- A crying baby is in distress and may need something other than food · Feed small amounts of milk (1-2 oz.), adding more as needed
- Feed slowly with frequent pauses and the bottle horizontal
- · Slow flow nipples are recommended



For breastfeeding support or visit ksbreastfeeding.org/local-resources/



breastfeeding?

Visited a business that was breastfeeding friendly?

Ask them to contact the Kansas Breastfeeding Coalition

Contact the Kansas Breastfeeding Coalition for assistance at info@ksbreastfeeding.org.





Provided by the Kansas Department of Health and Environment

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Call your baby's health provider at_ if your baby has one or more of these signs.

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Breastfeeding Education Courses

The Kansas
Breastfeeding
Coalition is
committed to the
health and wellbeing
of our attendees
and instructors and
will therefore be
presenting all KBC
courses online. The
courses will be taught
in a "live" format to
optimize participant
interaction and will
not be recorded.



Breastfeeding 101:The Basics

Core concepts of lactation 4 hours, \$59

Breastfeeding 201: Building on the Basics

Intermediate concepts 6 hours (two ½ days), \$110

Offered in February, April, August, and December

Continuing Education for nurses, dietitians and lactation support providers (CERPs).



Breastfeeding Certifications





Color-Filled Breastfeeding Clinical Lactation Training Program





You're Invited!

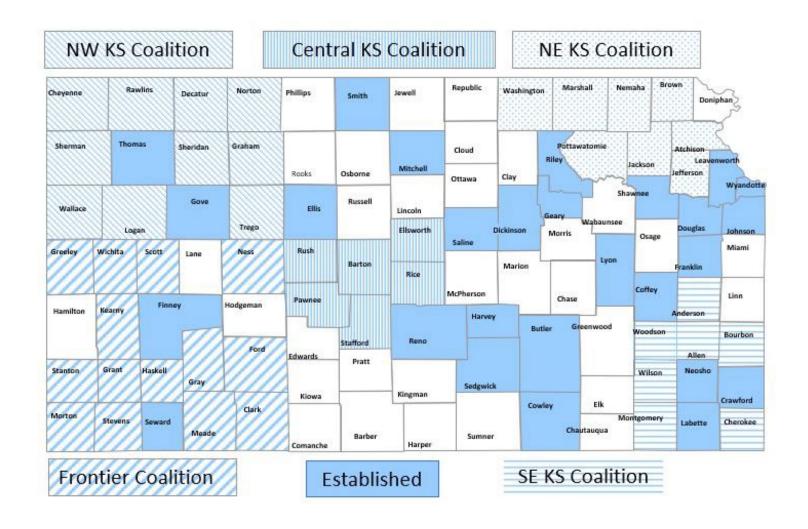


To participate in the following KBC Sections and Workgroups:

- Lactation Billing Cohort
- Public Health Section
- Hospital Section
- Local Breastfeeding Coalitions Section



CONNECT WITH LOCAL BREASTFEEDING COALITIONS







Brenda Bandy, IBCLC bbandv@ksbreastfeeding.org



Funding for this presentation is provided by:

- United Methodist Health Ministry Fund
- Kansas Department of Health and Environment with funding through the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under the Maternal and Child Health Service Block Grant [Award B04MC28100; CFDA 93.994] and U.S. Department of Agriculture under the Nutrition and WIC Services contract [CFDA No. 10.557]





Linda Buchheister

Kansas Department for Aging and Disabilities Services





What is Parent Peer Support?

- Individually tailored service that connects a parent seeking help for a child with a severe emotional disturbance (SED), substance use disorder (SUD), or co-occurring mental health diagnosis with a trained and experienced parent peer.
- A licensed clinical practitioner will determine that parent peer support is necessary to be included in the patient's treatment plan.
- Provided in the community



Who Are Parent Peer Support Specialists (PPSS)

PPSSs are individuals who meet <u>both</u> of the following requirements:

 Have lived experience raising a child with a severe emotional disturbance (SED), substance use disorder (SUD), or co-occurring mental health diagnosis

Complete the KDADS-approved training and certification process



Certification Process

- 1. Complete Online Level 1 Training: https://kansascpstraining.getlearnworlds.com/pages/parent-peer-support-training You will be given a KCPPSS Level 1 Certificate after this training
- 2. Complete IEP 504-B training-link will be sent to you from Families Together about a week after L1 completion
- 3. Submit KCPPSS IN TRAINING application
- 4. Receive KCPPSS IN TRAINING certificate and approval letter via email
 - i. Individuals can bill up to 20 hours per week as a KCPPSS IN TRAINING while working for an agency that provides peer support services
- 5. Obtain employment for an agency or center providing peer support services and work for 90 days, under supervision, as a KCPPSS IN TRAINING
- 6. Upon completion of the 90-day supervision, register for a Parent Peer Support Level 2 training
 - i. Individuals must attend all days of the training, meet training expectations, and pass the exam with an 80% to pass the Level 2 training
- 7. Upon passing the Level 2 training, submit final KCPPSS application.
 - i. Once approved, KDADS will send the final certificate and approval letter via email
 - ii. Individuals can bill up to 30 hours per week as a KCPPSS while working for an agency that provides peer support services

Online Trainings

- Take Level One training on LearnWorlds platform, self-paced, free. Pass final exam with 80% or higher (https://kansascpstraining.getlearnworlds.com/pages/parent-peer-support-training)
- Take Families Together online IEP/504 Training. This link will be sent to you from Families Together around a week after completion of L1 training.

Apply to be PPSST (upon completion of L1 and IEP training)

- Fill out and submit application packet (soon to be found on KDADS website)
- Can bill up to 20 hr/week with supervision once you are approved and certificate is received.
- PPSST can last up to one year, but you must work 90 days under supervision during this time

Register for Level 2 Training

- Submit L2 registration packet on KDADS website-supervisor must recommend to be accepted for training
- Free--travel and staff time are responsibility of employing agency or individual participant.

Attend Live Level 2 Training

- 2 day in-person training held throughout the year
- Pass final exam with score of 80% or higher

Apply for Full Certification

- Application packet found on KDADS website-will receive certificate and email when approved
- Once approved as a Certified PPSS, you may bill up to 30 hours/week

Training for Supervisors

- Supervisor Training: All Disciplines (Part 1 of 2)
- Supervisor Training: Parent Peer Support (Part 2 of 2)

Both are found on the LearnWorlds platform and are free to take. Found at:

https://kansascpstraining.getlearnworlds.com/pages/supervisor.





Additional Information

Resources

- National Federation of Families
 - https://www.ffcmh.org/
 - Conference is November 3-5, 2022 in Oklahoma City, OK
 –Great conference for Family Support, Peer Support and
 case managers.
- Family Run Executive Director Leadership Association (FREDLA)
 - https://www.fredla.org/resources/
 - National Certifying organization



Resources

- Families Together, Inc.
 - https://familiestogetherinc.org/
 - Federally funded Parent Training and Information Center for the state of Kansas through the Office of Special Education Programs
 - Federally funded Family to Family Health Information Center for the state of Kansas through the Department of Health and Human Services-Health Resources and Services Administration (HRSA)





Questions?



For additional questions, please contact Linda at <u>Linda.Buchheister1@ks.gov</u>



Care Extenders

PANEL DISCUSSION



What is a Care Extender?

A healthcare professional or paraprofessional working under the supervision of licensed medical personnel to expand the reach of healthcare services. Some care extenders may be licensed.

Care extenders perform tasks that allow licensed providers to focus on more complex patient care.

CARE EXTENDERS PANEL



COMMUNITY HEALTH WORKERS

Jackie Catron | Section Director for the Community Health Worker Program

KDHE



PARENT PEER SUPPORT SPECIALIST

Linda Buchheister | Kansas Department for Aging and Disabilities Services

KDADS



DOULAS

Abriona Markham | Executive Director

Topeka Doula Project Inc



MEDICAID POLICY (DOULAS)

Lisa Shoop | RN Public Health Policy Analyst

KDHE Division of Health Care and Finance



LACTATION CONSULTANTS

Brenda Bandy | Executive Director

Kansas Breastfeeding Coalition



Time for Questions

10 MINUTES



Thank You!



Denise Cyzman

Executive Director | Kansas Chapter, American Academy of Pediatrics





Expectations for Domain Work Groups

Stay present and participate actively.

Invite everyone into the conversation. Take turns talking.

ALL feedback is valid. There are no right or wrong answers. Value and respect different perspectives (providers, families, agencies, etc.).

Be relevant. Stay on topic.

Allow facilitator to move through discussion questions.

Avoid repeating previous remarks.

Disagree with ideas, not people. Build on each other's ideas.

Capture "side" topics and concerns; set aside for discussion and resolution at a later time.

Reach closure and summarize conclusions or action steps for small group reports.



Work Group Questions

- 1. What were the most critical takeaways from today's presentations?
- 2. Summarize your workgroup's progress on your Special Project since the last meeting.



Work Group Projects

Women/Maternal: Develop a universal, consistent prenatal risk assessment form that includes clinical and social determinants of health data.

Perinatal/Infant: Welcome postcard for all Kansas babies.

Children: Help parents and caregivers access resources to address their child's behavioral health needs.

Adolescent: Improve civic engagement for adolescents.

YOUR FACILITATORS



WOMEN/MATERNAL

Jill Nelson | Perinatal and Infant Health Consultant KDHE Bureau of Family Health



PERINATAL & INFANT

Kelsee Fout | MCH Behavioral Health Director

KDHE Bureau of Family Health



CHILDREN

Maddie Wegner | Child Health Consultant

KDHE Bureau of Family Health



ADOLESCENT

Jaquita Clark | Child and Adolescent Health Consultant

KDHE Bureau of Family Health

WORK GROUP ASSIGNMENTS

Women/Maternal Facilitators: Jill Nelson Recorder: Juliet Swedlund		Perinatal/Infant Facilitators: Kelsee Fout Recorder: Jennifer Miller		Children Facilitators: Maddie Wegner Recorder: Cora Ungerer		Adolescent Facilitator: Jaquita Clark Recorder: Holly Frye									
								Rebecca	Adamson	Carrie	Akin	Cristi	Cain	Jennifer	Bruning
								Anji	Antje	Deborah	Alliston	Stephanie	Coleman	Linda	Buchheister
								Rebecca	Bell	Brenda	Bandy	Derik	Flerlage	Lisa	Chaney
								Deena	Carmona	Kourtney	Bettinger	Cory	Gibson	Jaquita	Clark
Mary	Delgado	Heather	Braum	Dione	Guyton	Amy	Dean-Campmire								
Lisa	Frey Blume	Mariah	Chrans	Kaitlin	Johnson	Geno	Fernandez								
Shalae	Harris	Stacy	Clarke	Julie	Laverack	Kirstianna	Guerrero								
Stephanie	Jerguson	Drew	Duncan	Karen	Perez	Kari	Harris								
Jamie	Kim	Stephen	Fawcett	Cherie	Sage	Elaine	Johannes								
Karly	Lauer	Holly	Frye	Heather	Schrotberger	Shannon	Kennedy								
Jeni	McDonald	Geovannie	Gone	Peter	Stoepker	Steve	Lauer								
Patricia	McNamar	Sara	Hortenstine	Cora	Ungerer	Sookyung	Shin								
Oluwakemi	Onyenagubo	Brandi	Markert	Daina	Zolck	Juliet	Swedlund								
Amittia	Parker	Susan	Pence			Melissa	Valenza								
Lisa	Shoop	Cari	Schmidt			Donna	Yadrich								
Kristi	Weaver	Katie	Schoenhoff												
Kendra	Wyatt	Kali	Steelsmith												
	·	Christy	Schunn												
		Stephanie	Wolf												



Break for Lunch

PLEASE REGROUP AT 12:15 WITH YOUR

DOMAIN WORKGROUPS



Welcome Back



Amy Dean-Campire

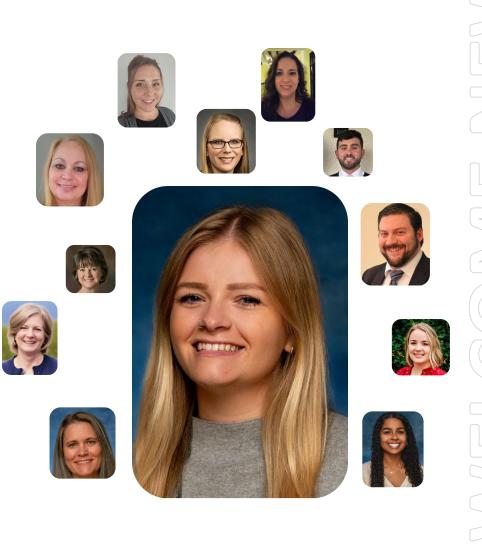
Co-Bureau Director of Family Health





Maddie Wegner

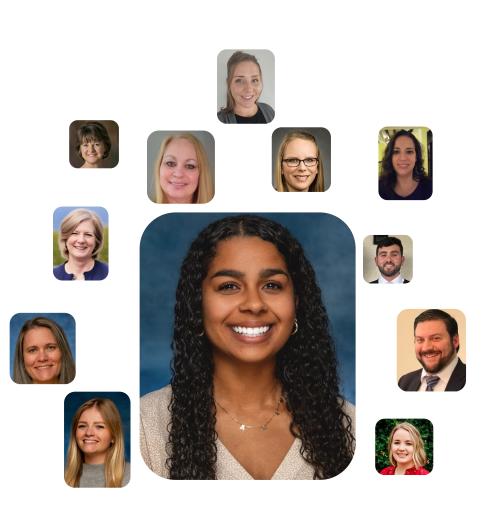
Child Health Consultant





Ali Braun

Family Systems Consultant





Kali Steelsmith

Perinatal Infant Health Consultant





Jason Geslois

Senior Epidemiologist – Maternal Child Health





Zachary Ray

Advanced Data Analyst













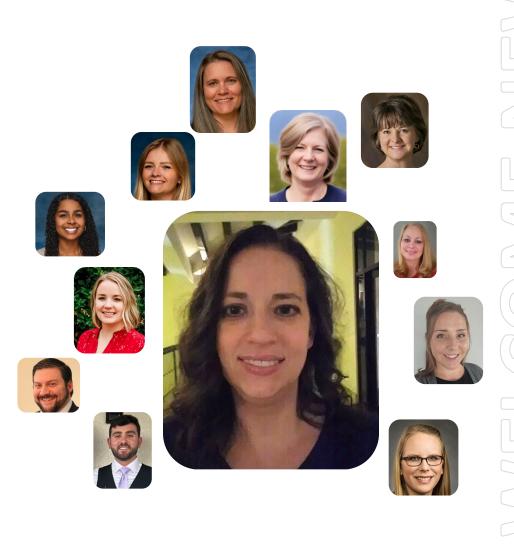






Kelsee Fout

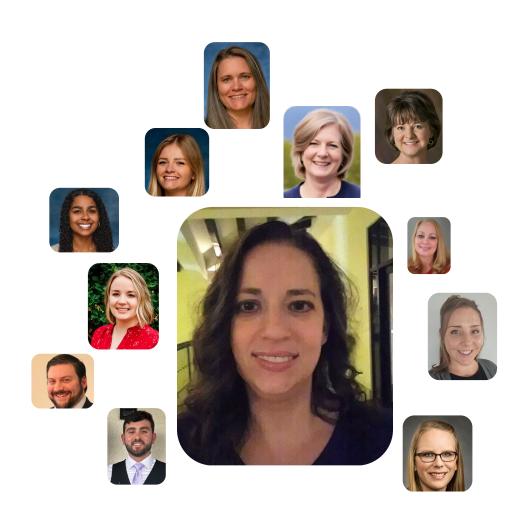
Maternal & Child Behavioral Health Director





Kelsee Fout

Maternal & Child Behavioral Health Director



Mental Health Consultation & Resource Network



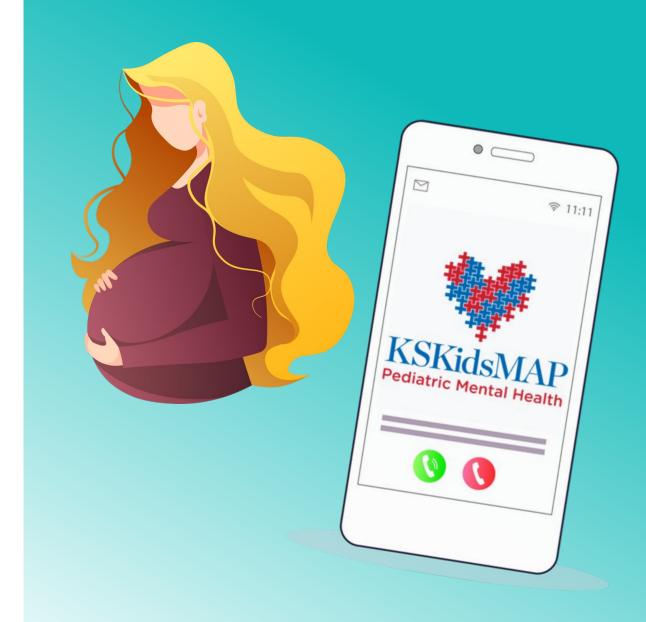
One enrollment, two programs.

Access pediatric and perinatal mental health care services.



KANSAS
CONNECTING
COMMUNITIES

Kansas Connecting Communities and KSKidsMAP are supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of awards totaling \$6,106,944 with 30% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.







- Case Consults with
 Pediatric Mental Health
 Team
- Toolkits and best practice information
- Clarification on medications
- Telehealth resources
- Resources for referral
- Office hours

Consultation Line



- Integrated mental health care model in a school-based health clinic
- Collaborative care meetings between with School-based primary care team and KSKidsMAP PMHT members

School-based Mental Health



Physician and Clinician Wellness

- Creating a network of support and wellness
- PCP wellness resources





- All Teach/All Learn environment
- Mentorship through casebased learning
- · Clinical discussion
- · Brief-focused didactics

TeleECHO Clinics

- Support for PCPs interacting with Kids with Autism,
 Neurodevelopmental Disorders and Intellectual Disabilities (KANDID)
- Case Consults with KANDID Pediatric Mental Health Team
- Annual in-person training workshops

KANDID



KANSAS CONNECTING COMMUNITIES

Expert Support for Addressing Perinatal Behavioral Health



- Didactic and case-based learning led by a collaborative and multidisciplinary training team
- Monthly virtual training on treatment, medication management, and special topics in perinatal behavioral health
- On-demand modules, webinars, and additional custom training options available
- Training scholarship opportunities and up to 6 free CME/CEs offered annually

Consultation Line

- Psychiatric consultations with perinatal behavioral health team
- Resources and referral support
- Connection to training and technical assistance services
- Information about best practices, recommendations and research, and Medicaid billing and reimbursement





- Support to implement substance use and mental health screening in clinic, hospital, public health, and community settings
- Coaching to build a referral network and improve care coordination between referral partners.
- Assistance developing custom policies, workflows, and administrative support tools for screening and referrals

1-800-332-6262



Mental Health Consultation & Resource Network

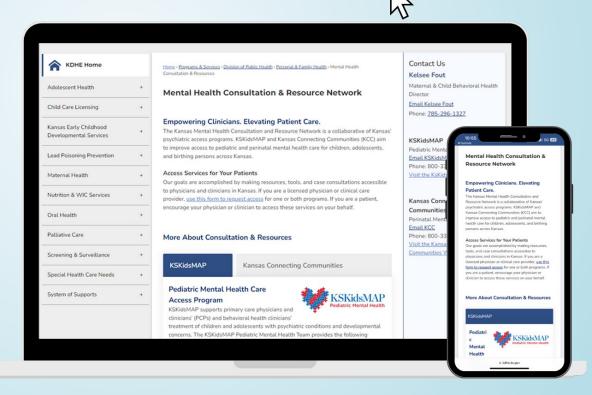
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DOMAIN WORK GROUP REPORTS

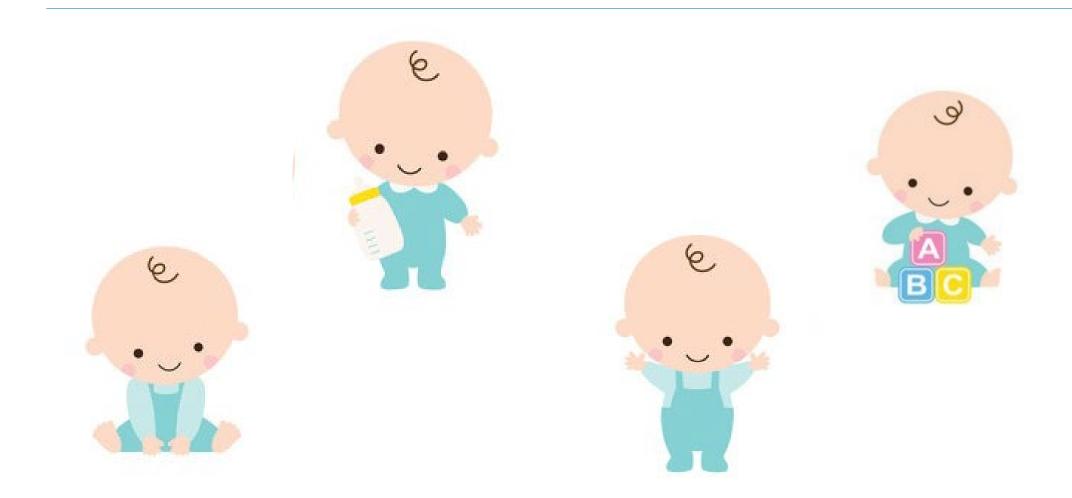








PERINATAL & INFANT





CHILDREN









ADOLESCENT

















Member Announcements

THE FLOOR IS YOURS!







Kari Harris, MD

KMCHC CHAIR















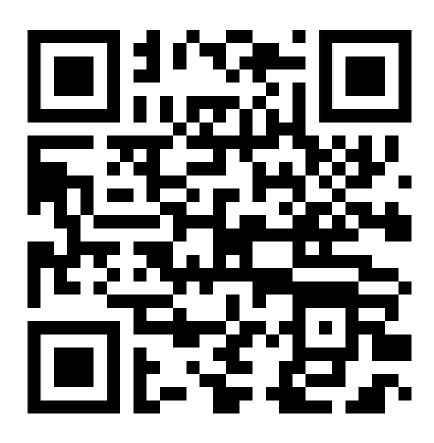








We Want Your Feedback!



Scan the QR Code for Evaluation



Next Meeting Dates

January 15, 2025

9 a.m. – 12 p.m.

Virtual Meeting

May 7, 2025 10 a.m. – 2 p.m. Kansas Health Institute

Contact information

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