



**Kansas Maternal and Child Health Council (KMCHC) Meeting**

Wednesday, October 13, 2021

Member Attendees		Absent	Visitors
Rebecca Adamson, APRN Carrie Akin Brenda Bandy, IBCLC Heather Braum Lisa Chaney Stephanie Coleman Mary Sunshine Delgado, APRN Stephen Fawcett, PhD Cory Gibson, EdD Lisa Goins Kari Harris, MD, FAAP Sara Hortenstine Elaine Johannes, PhD Jamie Kim, MPH Steve Lauer, MD, FAAP Elizabeth Lewis, MPA, MSN, WHNP-BC Jennifer Marsh Brandi Markert Karlene McCracken Elisa Nehrbass	Jill Nelson Brittney Nichols Susan Pence, MD, FAAP Cherie Sage Katie Schoenhoff Sookyung Shin Cassandra Sines Heather Smith Kasey Sorell Simone Taylor David Thomason Kelsee Torrez Cora Ungerer Stephanie Wolf Daina Zolck	Taylor Atwood Kourtney Bettinger, MD, MPH Kayzy Bigler Dennis Cooley, MD, FAAP Julia Connellis Deanna Cummings Geno Fernandez Beth Fisher James Francis Terrie Garrison, RN, BSN Phil Griffin Rhonda Hutchinson Scott Latimer Shannon Lines Patricia McNamar, DNP, ARNP, NP-C Angela Oldson Cari Schmidt, PhD Christy Schunn, LSCSW Pam Shaw, MD, FAAP Rachel Sisson Sharla Smith Lori Steelman Juliet Swedlund Alice Weingartner Taryn Zwegardt Donna Yadrich	Stephanie Oldson Alissa Rankin Adelaide Klutse Michelle Clevenger Diana Lady Corsella Johnson Shalese Clay Brittany McAllister Jevan Bremby Kaylee Goss
<b>Staff</b>			
Mel Hudelson Connie Satzler Emily Bailey Paige Lewis			

Agenda Items	Discussion	Action Items
<b>Community Spotlight</b>	Jevan Bremby shared about the new Navigate EC website that will connect Kansans to early childhood services and resources in the state. They are currently putting together an advisory group to lead the creation of the website.	
<b>Welcome &amp; Recognize New Members/Guest</b>	Dr. Harris welcomed everyone to the meeting. New members and guests introduced themselves.	
<b>Community Health Workers in Kansas: A State of the State</b> Stefanie Olson (Bureau of Health Promotion), Heather Smith (Bureau of Family Health), and Alissa Rankin (Wichita State University/CHW Coalition) will	<p>Heather Smith provided an overview of the Community Health Worker (CHW) Coalition and how community health workers are utilized in Kansas. Community health workers help to bridge patients to the care that they need. The Bureau of Family Health has been working on connecting CHW's with Holistic Care Coordination initiatives.</p> <p>Stephanie Olson shared that CHW are important because there is much more to a person's health care than just the visit with the physician or other medical provider and the CHW can help fill in the gaps. This model helps improve the relationship between the consumer and the health care system. The cultural competency that the CHW provides helps break through some barriers like lack of literacy or financial issues that keep patients from following through on recommended treatment.</p> <p>Ms. Olson walked through the current initiatives in the state through the University of Kansas Medical Center, Kansas CHW Coalition, Bureau of Community Health Systems, United Methodist Health Ministries Fund, and Bureau of Health Promotion.</p>	
<b>Panel Discussion</b>	<p>Panelists shared their experiences working with CHW and through the work that was very impactful for members to hear.</p> <ul style="list-style-type: none"> <li>• Alissa Rankin from WSU shared some data from a CHW survey that showed what kind of patients they work with and pointed to a lot of work being done in chronic disease management and providing culturally sensitive health care education. It's important to understand that CHW's work as part of a care team, and often serve within the community.</li> <li>• Diana Lady talked about her work in the Farmworker Health Program. Her job is to connect workers that come from other parts of the country to health care and other important resources. She goes into their homes to get to know them and build a trusted relationship. Ms. Lady provides support like diabetes and tobacco cessation information, assistance in getting prenatal care, and breastfeeding support.</li> <li>• Shalese Clay shared her experiences as a CHW and that a successful CHW is able to relate to clients through shared life experiences and empathy. She stressed that it is important to educate medical providers about CHWs and how they bridge the gap in care. It is also important for community health workers within a community to work together so they can support each other and share resources.</li> <li>• Michelle Clevenger from the Community Health Center of Southeast Kansas focuses on teen pregnancy. She has learned that building relationships with clients has helped her to understand some of their needs that the physician or provider may not know.</li> </ul>	

## Small Group Discussion by Domain & Focus Area

**Small Group Discussion Objective:** Discuss the impact Community Health Workers could have on the maternal and child population.

- In what ways might CHWs support or impact the outcomes of this objective? (e.g., improve access, provide new perspective, provide service)
- How do maternal and child health services currently align with the CHW Scope of Practice?
- How might Title V best engage in the existing CHW initiatives? (refer to CHW Initiative Crosswalk)

Key takeaways for each group are listed below

**CSHCN** Educate families on resources available to them and also how to advocate for themselves.

**Workforce Development** Educate community and healthcare providers on who is a CHW and how their role can be strengthened and promoted.

**Family and Consumer Partnership** Integrating CHWs into the existing MCH programming and working on sustainable funding/financing for CHWs (far too many MCH services provided by CHWs are done by volunteers).

## Member Announcements

*Kari Harris, MD, FAAP  
KMCHC Chair*

Dr. Harris announced that another school-based health clinic opened in Haysville.

From Heather Braum with Kansas Action for Children - The Health Affairs journal's October special issue is focused on perinatal mental health and has a number of articles that may be of interest to many in this group.  
<https://www.healthaffairs.org/toc/hlthaff/40/10> It is a subscription journal, but she has access to the articles if others are interested in some. Feel free to email her at [heather@kac.org](mailto:heather@kac.org) to get access to the articles.

Elizabeth shared the March of Dimes: Accelerating Birth Equity: Moving from Data to Action event is coming up in November: [https://whova.com/portal/registration/hemab\\_202106/](https://whova.com/portal/registration/hemab_202106/)

KDHE is hosting a 6 series ECHO October through March with a focus on Holistic Care Coordination - "Setting New Standards for Coordinating Care of Pediatric Patients and their Families ECHO" Register here:  
[https://us02web.zoom.us/meeting/register/tZluduGorzkJHNa0\\_c14U8mp2MmvIXK9ttQR](https://us02web.zoom.us/meeting/register/tZluduGorzkJHNa0_c14U8mp2MmvIXK9ttQR)

*Future Meetings*

**2022 Meeting dates:** January 12, April 13, July 13\*, October 12

*\*Subject to change*

## Optional Session

**Screen-Time for Children and Adolescents**

*Elisa Nehrbass, KDHE  
Child & Adolescent  
Health Consultant*

Elisa Nehrbass led a discussion with members on strategies to address the increasing use of screen time among children and adolescents. Screen time is in the State Action Plan in two sections and is a focus for improving child and adolescent health.

AAP has screen time tools for families to calculate screen time and put together a media use plan:  
<https://www.healthychildren.org/English/media/Pages/default.aspx>

The CDC "Screen Time vs Lean Time" is also a helpful and interactive tool for parents to use.

Discussion for next steps included:

- Challenging college students through working with the universities to create apps that limit screen time and encourage activity
- Promoting the apps that already exist that limit social media, internet, Face Time and other things on phones
- Promoting restrictions that parents could commit to in their homes like “no screens in bedrooms”, and other AAP and CDC recommendations.
- Promote how parents can team up for the “Wait until 8<sup>th</sup>” that has parents agree to have their children hold off on social media apps until they are at least in 8<sup>th</sup> grade.
- This looks like a good article related to the boredom suggestion:  
<https://parenting.kars4kids.org/boredom-mother-invention/>
- Another good resource: <https://pocketpoints.com/>