



Appendix: Summary of Strategies and Approaches to Prevent Suicide

Strategy	Approach/Program, Practice or Policy	Best Available Evidence			Lead Sectors ¹
		Suicide	Suicide Attempts or Ideation	Other Risk/Protective Factors for Suicide	
Strengthen economic supports	Strengthening household financial security				Government (local, state, Federal)
	<i>Unemployment benefit programs</i>	✓		✓	
	<i>Other income supports</i>	✓			Business/Labor
	Housing stabilization policies				Government (local, state, Federal)
	<i>Neighborhood Stabilization Program</i>			✓	
Strengthen access and delivery of suicide care	Coverage of mental health conditions in health insurance policies				
	<i>Mental Health Parity Laws</i>	✓		✓	Government (local, state, Federal)
	Reduce provider shortages in underserved areas				
	<i>National Health Service Corps (NHSC)</i>			✓	Healthcare
	<i>Telemental Health (TMH)</i>			✓	Healthcare
	Safer suicide care through systems change				Social Services
	<i>Henry Ford Perfect Depression Care (Pre-cursor to Zero Suicide)</i>	✓		✓	
Create protective environments	Reduce access to lethal means among persons at risk				Government (local, state)
	<i>Intervening at suicide hot spots</i>	✓			
	<i>Safe storage practices</i>		✓	✓	Public Health
	<i>Emergency Department Counseling on Access to Lethal Means (ED CALM)</i>			✓	Healthcare
	Organizational policies and culture				Business/labor
	<i>Together for Life</i>	✓			Justice
	<i>US Air Force Suicide Prevention Program</i>	✓		✓	Government (local, state, Federal)
	<i>Correctional suicide prevention</i>	✓			
	Community-based policies to reduce excessive alcohol use				Government (local, state)
	<i>Alcohol outlet density</i>	✓		✓	Business/labor
Promote connectedness	Peer norm programs				Public Health
	<i>Sources of Strength</i>			✓	Education
	Community engagement activities				Public Health
	<i>Greening vacant urban spaces</i>			✓	Government (local)

*This column refers to the lead sectors well positioned to bring leadership and resources to implementation efforts. For each strategy, there are many other sectors such as non-governmental organizations that are instrumental to prevention planning and implementing specific activities.



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		Suicide	Suicide Attempts or Ideation	Other Risk/Protective Factors for Suicide	
Teach coping and problem-solving skills	Social-emotional learning programs				Public Health Education
	<i>Youth Aware of Mental Health Program</i>		✓	✓	
	<i>Good Behavior Game</i>		✓	✓	
	Parenting skill and family relationship approaches				Public Health Education
	<i>The Incredible Years</i>			✓	
	<i>Strengthening Families 10–14</i>			✓	
Identify and support people at risk	Gatekeeper training				Public Health Health Care
	<i>Applied Suicide Intervention Skills Training</i>			✓	
	<i>Garret Lee Smith Suicide Prevention Program</i>	✓	✓		
	Crisis intervention				Public Health Social Services
	<i>National Suicide Prevention Lifeline</i>		✓	✓	
	Treatment for people at risk of suicide				Healthcare Social Services Justice
	<i>Improving Mood – Promoting Access to Collaborative Treatment (IMPACT)</i>		✓	✓	
	<i>Collaborative Assessment and Management of Suicidality (CAMS)</i>		✓	✓	
	<i>Dialectical Behavioral Therapy (DBT)</i>		✓	✓	
	<i>Attachment-Based Family Therapy (ABFT)</i>		✓		
	<i>Translating Initiatives for Depression into Effective Solutions project (TIDES)</i>			✓	
	Treatment to prevent re-attempts				Healthcare Social Services
	<i>ED Brief Intervention with Follow-up Visits</i>	✓			
	<i>Active follow-up contact approaches</i>	✓	✓		
<i>CBT for Suicide Prevention</i>		✓			
Lessen harms and prevent future risk	Postvention				Healthcare
	<i>StandBy Response Service</i>		✓	✓	
	Safe reporting and message about suicide				Public Health Media
<i>Media Guidelines</i>	✓				

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