



Kansas Maternal & Child Health Council (KMCHC)
Wednesday, July 19, 2017

Minutes

Kansas Maternal & Child Health Website: www.kansasmch.org

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| <p><u>Attendees</u> Dennis Cooley, MD, FAAP - Chair Rebecca Adamson, APRN-C, FNP Carrie Akin Kayzy Bigler Linda Blasi Joseph Caldwell Diane Daldrup Beth Fisher, MSN, RN Terrie Garrison, RN, BSN Deanna Gaumer Beth Greene Lori Hasket Charlie Hunt, MPH Elaine Johannes, PhD Patricia Kinnaird Steve Lauer, PhD, MD, FAAP</p> | <p>Patty McNamar, DNP, APRN, NP-C Susan Pence, MD Debbie Richardson, PhD Cari Schmidt, PhD Katie Schoenhoff Christy Schunn, LSCSW Pam Shaw, MD, FAAP Rachel Sisson, MS Heather Smith, MPH Kasey Sorell, BSN, RN Stephanie Wolf, RN, BSN Phyllis Young</p> | <p><u>Absent</u> Stephanie Baines, CHES Kami Cohorst Vicki Collie-Akers, PhD, MPH Julia Connellis Greg Crawford Steve Fawcett, PhD Lisa Gabel, RN, BSN, CCM Kari Harris, MD, FAAP Sarah Hoehn, MD Sara Hortenstine Wes Jones, PhD Peggy Kelly Jamie Kim, MPH Zachary Kuhlmann, DO Melody McCray-Miller Annie McKay</p> | <p>Randall Morgan, MD Brian Pate, MD, FAAP Susan Mosier, MD Cherie Sage Sookyung Shin Sharla Smith, PhD, MPH Lori Steelman Tamara Thomas, MPH David Thomason, MPA Annie Wallace Na'shell Williams Donna Yadrich</p> <p><u>Visitors</u> Lisa Williams, KDHE Bradford Wiles, MD, KSRE Michelle Scheibe</p> |
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| <p>Staff Connie Satzler Chris Steege Abbi Collins, EnVisage Melissa Hudelson, KAAP</p> |
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| Agenda Items | Discussion | Action tems |
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| <p>Welcome & New Member Introductions <i>Dennis Cooley, MD, Chair</i></p> | <p>Dr. Cooley welcomed the KMCHC members and visitors. All new members and guests were introduced.</p> | |
| <p>Review & Approval of April 5, 2017 Minutes <i>Dennis Cooley, MD, Chair</i></p> | <p>It was moved by Ms. Schunn and seconded by Dr. Shaw to approve the 4/5/2017 minutes. All approved.</p> | |
| <p>Parent and Family Engagement Reflection <i>Connie Satzler</i></p> | <p>Ms. Satzler reviewed the Parent and Family Engagement Reflection items (<i>see attachment</i>) that members stated they would be working on and members were provided a reminder of their items in their nametags. KMCHC members presented updates on activities they were implementing to engage families.</p> <ul style="list-style-type: none"> - 1st ever baby shower – presentations on post partum depression – Ms. Kinnaird. - Family training to help them better navigate the health care system – Ms. Bigler. - Working with the Junction City school system on healthy relationships with 7th and 9th grade students. Multiply activities included inviting parents, but unfortunately they are unengaged in what the children are doing. She is looking for ideas on how to get parents and children talking about healthy relationships. - Ms. Johannes. <p>Suggestions:</p> <ol style="list-style-type: none"> 1. Work with a parent-teacher association? This school district is a low poverty district and don't have a PTO functioning. Looking at starting a entire school development initiative. 2. Intertwine these activities with extra curricular activities; sports, music <p>What should the KMCHC do to contintue improving parent and family engagement in Kansas?</p> <ul style="list-style-type: none"> - Start prenatally instead of later. - Spread information on mental health issues and health issues to a church youth camp and expanding to other contacts in the community. - Being creative on how to engage in a different way with community groups. | |
| <p>Mental Health First Aid: MCH Resources, Training & Action <i>Pat Kinnaird, Central KS Mental Health Center</i></p> | <p>Ms. Kinnaird gave a presentation on how to become involved in the Mental Health First Aid public education program and provided a handout on this 8 hour program that provides CNEs and costs \$30. The handout included information and the Course Details. (<i>see attachment</i>). The Mental Health Fisrt Aid website, www.mentalhealthfirstaid.org provides where and when these classes are</p> | |

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| | <p>available and how to sign up.</p> <ul style="list-style-type: none"> - Certified for 3 years. Then recertification is online. - There are many class opportunities (dates, location), but it was recommended to take a class close to your community to become familiar with the referrals and other resources close to their community. - Mental Health first aid is looking at steps to review how to deal with someone that is in a mental health crisis. It is very user friendly. - This Mental Health First Aid training fulfills the 1-hour Suicide Prevention that is required for schools. - There is a lack of providers in rural areas to refer to someone for services. Telemedicine is used as a resource to connect with a provider. - Question about billing around telemedicine and 3rd party payers. - Several KMCHC members have taken the Mental Health First Aid course. - Stated that role playing was an important part of this training. <p>Ms. Sisson led a session on how the Council can do more around Mental Health First Aid. KDHE would like to help facilitate if a member would like to do a training in their area. Many of the school nurses have been trained, but this training needs to expand to home visitors, police officers, and others that serve this population. This training is a “mental health first aider” and can help determine when referrals need to be made to mental health providers. It was also suggested that decision makers be trained in mental health training to become more aware of mental health issues and become an advocate, locally. Also, reach out to Public Health officials and staff.</p> | <p>KDHE MCH Staff will work with Ms. Kinnaird to plan a Mental Health First Aid training for home visitors.</p> <p>UPDATE: Carrie Akin and Pat Kinnaird worked together to plan/schedule October 2017 trainings for home visitors across the state.</p> |
| <p>Special Presentation: Kansas Safe Sleep Cross-Sector Initiative <i>Christy Schunn, KIDS Network & Dr. Cari Schmidt, University of Kansas Medical Center</i></p> | <p>Ms. Schunn and Dr. Schmidt gave a presentation on the Kansas Safe Sleep Cross-Sector Initiative (reflected in the MCH State Plan under Priority 4, supported with KDHE MCH program funds). They talked about the Action Plan for this initiative and the ABCs of Safe Sleep:</p> <p>A – Alone B – Back C – Clutter-free crib</p> <p>Overveiw: KIDS Network – bereavement work (25%), community education (75%). Talked about focusing on Objective 4.4 – looking at 9.1 an 9.5.</p> <p><u>Discussion Items:</u></p> <ul style="list-style-type: none"> - The goal is to provide education on Safe Sleep to decrease infant deaths. - Kansas Infant Mortality rate. - Focus on “hot spot” counties. - <u>Consistent messaging</u> on Safe Sleep. - Location, position and environment is what is the focus on the MCH plan. | <p>.</p> |

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| | <ul style="list-style-type: none"> - Strategy: Safe Sleep before birth – prenatal care. - Educate kids and all different levels on Safe Sleep – babysitter, siblings. - Safe Sleep Pilot Project instructor plan – trainings, baby showers, hospital certification program, and demonstrations. - Data on Pilot Project: The project was evaluated at every level. Trainings provided pre and post tests, Results showed a significant increase in Safe Sleep education among participants. - 23 Safe Sleep Instructors (SSI) in Kansas. - Trained on Safe Sleep and how to do a Community Baby Shower. Also, on the logistics, promotion, funding, etc. - Cross-cutting section: Breastfeeding and Tobacco Cessation that effect Safe Sleep. Dr. Schmidt gave statistics on breastfeeding and tobacco cessation. - Returning trainers for the 2nd year resulted in an increase in significant knowledge on Safe Sleep. Dr. Schmidt gave statistics about the statewide trainings and community baby showers. - The 2017 training will be in September that will include SSI Training and education on the Safe Sleep outpatient toolkit which includes a Safe Sleep Quiz and a script is giving to the provider to give answers for incorrect answers. The SSI Objectives will have 3 levels; Bronze, Silver, and Gold. - 2018 Objectives: New SSIs, Train-the-Trainer, Community baby showers and have the 3 levels. There will be a Cribs for Kids Hopsital Cerification of the 3 levels. Hospital certification – teaching safe sleep and engaging with the community on safe sleep. - Bereavement Services information was provided. A Referral Form was reviewed with Protocols listed on the back. (<i>see attachment</i>) - Zero to One: Disparities in Infant Mortality. This shares stories of Kansas mothers who have lost babies and asks health care providers to review and rethink some policies. <p><u>Questions:</u></p> <ul style="list-style-type: none"> - How long after the childs death are KIDS Network involved – forever. - Hospital component – any thing with NICU? Safe sleep environment education is given before they go home. - Issue: Cultural Barriers of Safe Sleep. AAP Safe Sleep recommendation is to have a conversation with parents and make suggestions on how to get their home to have a Safe Sleep environment for their baby. | |
| <p>Health Care Reform Update Dennis Cooley, MD, FAAP KAAP</p> | <p>Dr. Cooley presented an update on the federal Health Care Reform bill. He went over the issues with the Senate Bill: Better Health Care Act (BHCA) that was not voted on by the Senate due to lack of “yes” votes. Dr. Cooley provided information on how this bill would have effected children in Kansas and across</p> | |

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| | <p>the nation.</p> <p><u>Discussion Items:</u></p> <ul style="list-style-type: none"> - Uninsured children are at a historic low at 4.8%. - Public Coverage for Children: Medicaid, Medicaid Expansion CHIP, separate CHIP programs and in the Marketplace. - 40% of the children in US are on Medicaid and CHIP. - Medicaid provides tremendous benefits for children; better performance in school, better attendance in school, better jobs, pay more taxes, etc. - The proposal included a per capita cap on Medicaid that would hurt children. This would have resulted in a decrease in \$78 billion of federal funds in the next ten years for Medicaid children across the US. - Reviewed the different coverage sources for children in Kansas. - Data on Kansas Medicaid children that rely on health care coverage. - Reviewed the three health care reform bills; ACA (current), AHCA (House bill), BCHA (Senate Bill) and the key elements that involved children. - Medicaid Funding; Block Grants and Per Capita Caps Grants. - Information on Medicaid Spending in Kansas and how the state would be negatively effected. - Update on the BHCA – Could only give up 2 votes and on Monday Sen. Moran was one of the votes that killed the bill. On Tuesday, Sen. McConnell said they would move forward with just repealing the ACA. Three senators said that they would not vote to “just repeal” the ACA. President Trump has tweeted that they will let the ACA fail. Currently, the ACA is still the law and now the biggest focus will be on reauthorizing CHIP and funding for that program. In the past, the funding has been bipartisan and approved in 2 year increments. | |
| <p>Title V Block Grant Application & Action Plan <i>Rachel Sisson & Heather Smith</i> <i>KDHE</i></p> | <p>Ms. Sisson talked about the 2018 MCH Block Grant. They looked at all the public comments and have submitted the application. There will be a federal review and then KDHE can make revisions to the application before the final submission. The final submission can be accessed on the MCH website, www.kdheks.gov/bfh</p> <p><u>Discussion Items:</u></p> <ul style="list-style-type: none"> - Title V Outcome Measures and Performance Measures. The National Outcome Measures (NOM) were reviewed. - Highlighted positive trends: <ul style="list-style-type: none"> a. NPM #4 – Breastfeeding – going in the right direction, drop off at 6 months b. NPM #7 – Child Injury – decreasing, but still work to be done. c. NPM #14 – Smoking – continue to target Medicaid beneficiaries due to | |

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| | <p>the major gap between Medicaid and Non-Medicaid. Encouraged by the continued Tobacco Cessation integration, alignment, and payment for counseling services.</p> <p>d. SPM #1 – Preterm Birth stable and KS is meeting the HP2020 goal.</p> <ul style="list-style-type: none"> - Negative trends – <ul style="list-style-type: none"> a. NPM #1 - Well-Women Visit – increased education on Well-Women visit. There is no Medicaid population data available for this measure, but there should be income breakout. - All Domains will be focusing on the priority that have been assigned to each group. | <p>KDHE will request that the MCH Epi, Jamie Kim, review data for Well-Women Visits of low income women using an income break since Medicaid data is not available.</p> |
| <p>MCH Population Domain Small Group Discussion</p> | <p>The MCH population domain small groups focused on reviewing the MCH State Action Plan: discuss accomplishments over the past year, plans for the coming year, and identify any needed revisions to be made prior to final submission to the Federal MCH Bureau in September 2017.</p> <p>The Domain Groups are:</p> <p>Women & Maternal Health Perinatal & Infant Health Child Health Adolescent Health</p> | <p>KDHE staff will get all the Domain group changes to Connie and Rachel to process.</p> |
| <p>Announcements <i>KMCHC Members</i></p> | <p>Ms. Lisa Williams gave an update on PRAMS – a Survey for new moms on their behaviors before, during, and after pregnancy. The goal is to receive data from 60% of those that were surveyed and they are currently at 58% with the first two mailings. The next phase will be phone calls to those participants. There will be a strategy created to promote to targets areas.</p> <p><u>Member Announcements</u></p> <ul style="list-style-type: none"> - Ms. Schoenhoff – UMHMF – working on 5 more baby friendly hospitals; Hays Medical Center, Salina Regional Medical Center, St Luke’s South, Ransom (Ottawa), Lawrence Memorial Hospital, and Pratt Regional Medical Center. - Ms. Sisson talked about neonatal abstinence that is increasing in Kansas. She announced that there will be a neonatal abstinence conference in Topeka on August 28. Anyone interested in an invite needs to email Ms. Sisson, Rachel.Sisson@ks.gov - Ms. Sisson asked members to email her with any KMCHC agenda items so those could be discussed at future meetings. | <p>Any member interested in being added to the invite list for the neonatal abstinence meeting need to email Rachel.</p> |

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| | <p><u>Kansas MCH Website Links to the below items</u> http://kansasmch.org/meetings.asp</p> <ul style="list-style-type: none"> - A list of Kansas Legislative Bills that impact the Bureau of Family Health. - Kansas Systems of Care CYSHCN Regional Meetings Flyer. - MCH National Outcomes Performance Measures appendix. | |
| <p>Closing Remarks <i>Dennis Cooley, MD, Chair</i></p> | <p>Dr. Cooley thanked the speakers and the KMCHC members for their work at the meeting.</p> | |
| <p>Future Meetings</p> <p>Oct. 4, 2017</p> <p>Jan. 17, 2018</p> <p>April 18, 2018</p> | <p><u>Mark Your Calendar</u></p> <p>Location: KMS Bldg, 623 SW 10th Ave, Topeka, KS 66612</p> <p>Location: Topeka & Shawnee County Library, 1515 SW 10th Ave, Topeka, KS 66604</p> <p>Location: KMS Bldg, 623 SW 10th Ave, Topeka, KS 66612</p> | <p>Chris will email out a meeting invite for the October 4 KMCHC meeting.</p> <p><u>Done</u> - Chris will announce the 3 future meeting dates in the Minutes email for the 7/19/2017 meeting.</p> |