



**Kansas Maternal & Child Health Council (KMCHC)**  
**Wednesday, January 11, 2017**  
**Minutes**

**Kansas Maternal & Child Health Website: [www.kansasmch.org](http://www.kansasmch.org)**

<b><u>Attendees</u></b>		<b><u>Absent</u></b>	<b><u>Visitors</u></b>
Dennis Cooley, MD, FAAP - Chair	Debbie Richardson, PhD	Kami Cohorst	Tiffany Anderson, MD
Rebecca Adamson, APRN-C, FNP	Cherie Sage	Vicki Collie-Akers, PhD, MPH	Renaisa Anthony, MD, MPH
Carrie Akin	Cari Schmidt, PhD	Julia Connellis	Sonja Armbruser
Stefanie Baines, CHES	Christy Schunn, LSCSW	Beth Fisher, MSN, RN	Matt Arnet
Kayzy Bigler	Fran Seymour-Hunter	Greg Crawford	Linda Blasi
Diane Daldrup	Rachel Sisson, MS	Lisa Gabel, RN, BSN, CCM	Cristi Cain
Steve Fawcett, PhD	Heather Smith, MPH	Kari Harris, MD, FAAP	BJ Gore
Terrie Garrison, RN, BSN	Sharla Smith, PhD, MPH	Wes Jones, PhD	Vanessa Lohf
Lori Hasket	Kari Teigen, MPH	Danielle Jones	Katie Mahuron
Sara Hortenstine	Tamara Thomas, MPH	Jamie Kim, MPH	J'Vonnah Maryman
Elaine Johannes, PhD	Kay White	Patricia Kinnaird	Marsha Morgan
Peggy Kelly	Lisa Williams	Zachary Kuhlmann, DO	Celestine Muhammad
Phyllis Marmon, BSW, CCAP	Na'shell Williams	Steve Lauer, PhD, MD, FAAP	Dena Sneed
Brian Pate, MD, FAAP	Stephanie Wolf, RN, BSN	Melody McCray-Miller	Maria Teel
Gianfranco Pezzino, MD, MPH	Donna Yadrich	Annie McKay	Erick Vaughn
Traci Reed	Phyllis Young	Patty McNamar, DNP, APRN, NP-C	Jasmin Williams
		Randall Morgan, MD	Julia Zahn, APRN
		Susan Pence, MD	
		Susan Mosier, MD	
		Pam Shaw, MD, FAAP	
		Lori Steelman	
		David Thomason, MPA	
		Annie Wallace	

<b><u>Staff</u></b>
Connie Satzler
Chris Steege

Agenda Items	Discussion	Action Items
<b>Welcome &amp; New Member Introductions</b> <i>Dennis Cooley, MD, Chair</i>	Dr. Cooley welcomed the KMCHC members and visitors. All new members and guests were introduced.	
<b>Review &amp; Approval of Oct. 5, 2016 Minutes</b> <i>Dennis Cooley, MD, Chair</i>	It was moved by Ms. Sage and seconded by Ms. Daldrup to approve the 10/5/16 minutes. All approved.	
<b>Overview and Purpose of Day</b> <i>Cristi Cain, KDHE</i>	Ms. Cain introduced the WSU team and gave an overview of meeting agenda. A four-question pre-survey was given to guide the discussion of the meeting presentations. All meeting information is available on the Kansas MCH website here: <a href="http://www.kansasmch.org/meetings.asp">http://www.kansasmch.org/meetings.asp</a> .	
<b>Adverse Childhood Experiences (ACEs) &amp; Trauma Informed Care: Current Efforts</b> <i>Wichita State University (WSU)</i>	Ms. Loff presented a PowerPoint about the Adverse Childhood Experiences (ACEs) and Trauma Informed Systems of Care (TISC). <u>Presentation Highlights:</u> <ul style="list-style-type: none"> <li>- Kansas Power of the Positive (KPOP)</li> <li>- Trauma-Informed Care</li> <li>- Lemonade for Life (approach/response)</li> <li>- Film screenings</li> <li>- Trainings</li> <li>- Trauma-Informed Treatment and Prevention</li> <li>- Trauma-Informed 4-Rs (<i>in handout</i>)</li> <li>- Family voice and choice practice</li> </ul>	
<b>Special Presentation: ACEs in Practice: Strategies for Implementation</b> <i>Renaisha Anthony, MD, MPH, Univ. of Nebraska Medical Center</i>	Dr. Anthony, faculty at UNMC, presented on ACEs in practice. <u>Presentation Highlights:</u> <ul style="list-style-type: none"> <li>- Description of health – physical, social, emotional</li> <li>- Public Health – helps makes everyone feel better</li> <li>- Maternal &amp; Child Health description – Healthy Girls and Women provide 100% return on investment</li> <li>- Race and gender places a roll in disparities</li> <li>- Social Determinants</li> <li>- Zip codes where children are born has a big effect on health outcomes</li> <li>- Experiences that happen in the first 18 years of life are long-lasting</li> <li>- ACEs – what happens in your childhood effects you for the rest of your life</li> <li>- Members completed the ACE Questionnaire (ACE-Q)</li> </ul>	

	<ul style="list-style-type: none"> <li>- Dr. Anthony described how incorporating the ACE-Q in her practice.</li> <li>- The higher the ACE score the higher the likelihood that you will have future health issues.</li> <li>- There are gender differences in ACE scores as they go up.</li> <li>- Three ACEs categories: Abuse, Neglect, and Household Dysfunction</li> <li>- Influences Over the Life Course – first 18 years versus the future years</li> <li>- Risk Factors vs. Protective Factors (how to mitigate a ACE score)</li> <li>- 40 Developmental Assets (External Assets and Internal Assets)</li> <li>- HALO project (Healing And Loving Ourselves)</li> <li>- Positive Deviance – External assets changed</li> <li>- (RECIPE): Research, Engagement, Clinical, intradisciplinary, Policy, Engagement/ Empowerment.</li> <li>- Initiatives/Models/Programs: <ol style="list-style-type: none"> <li>1. Centering Pregnancy – for high risk women</li> <li>2. Unnatural Causes: When the Bough Breaks (on YouTube)</li> <li>3. Bridges Out of Poverty</li> </ol> </li> <li>- Take home message – “One Size Really Doesn’t Fit All”</li> <li>- Members discussed the “WHY you do this work”</li> </ul>	
<p><b>Panel: Emerging Practices for Improved Outcomes</b>  <i>Dr. Tiffany Anderson,</i>  <i>USD501 (Topeka)</i>  <i>Dr. Renaisa Anthony,</i>  <i>UNMC</i>  <i>Dena Sneed,</i>  <i>Truman Med Ctr–Behavior Health</i>  <i>Celestine Muhammad,</i>  <i>Resilient KC</i></p>	<p>The four panel members led discussion on the emerging practices to help improve outcomes. Each of them introduced themselves and talked about their involvement in addressing trauma-informed care (TIC).</p> <p><u>Discussion Items:</u></p> <ul style="list-style-type: none"> <li>- TIC is not limited to schools or health practices.</li> <li>- Understand the behavior that is associated with trauma and how to create TIC interventions.</li> <li>- Focus on resilience is also very important – introduce together</li> <li>- Challenges with cultural shifts: Coming to the table with specific beliefs. “Why isn’t there some sort of accountability for negative actions?”</li> <li>- Behavioral Health Specialist trained in TIC</li> <li>- Data speaks volumes--tell the story which supports making change.</li> <li>- Advice: <ol style="list-style-type: none"> <li>1. Make relationships/partnerships to network for change.</li> <li>2. Take time to search inside yourselves and take it personally.</li> <li>3. Continually ask “how it is making a difference” by reviewing the data and outcomes.</li> </ol> </li> </ul>	
<p><b>Tools &amp; Resources: Applying to Practice</b>  <i>WSU/KDHE Team</i></p>	<p>The tools and resources were reviewed.</p> <p><u>Presentation Highlights:</u></p> <ul style="list-style-type: none"> <li>- Healthy Moms, Happy Babies program – evidence based curriculum.</li> <li>- Lemonade for Life – Translate research into practice.</li> </ul>	

<p><b>Assessing the Current System and Identifying Opportunities for New Action</b> (facilitated discussion) <i>WSU/KDHE Team</i></p>	<p>- Film trailers – Paper Tigers, Raising of America</p> <p>Council Discussions: Assessing the Current System &amp; Identifying Opportunities for New Action. <u>Discussion Items:</u></p> <ul style="list-style-type: none"> <li>- Thoughts on “If we did things completely right around TIC, we would have..” <ol style="list-style-type: none"> <li>1. Common understanding, practice in place</li> <li>2. More listening</li> <li>3. Less death – because of better outcomes</li> <li>4. Employee – building in time for self care</li> <li>5. Maintaining children’s safety in homes in all areas</li> <li>6. No need for incentives</li> </ol> </li> <li>- System Changes <ol style="list-style-type: none"> <li>1. Connecting and followup of referrals</li> <li>2. Person centered care that customizes referrals to meet specific need</li> <li>3. Build stronger and better teams</li> <li>4. More Diverse workforce and what skills are needed</li> </ol> </li> <li>- Screening processes</li> <li>- How to implement policies for TIC</li> </ul> <p>Members listed opportunities and barriers in four TI areas: Referrals, Screening, Policies &amp; Procedures in the MCH System Members listed one thing they would do in the next six months to strengthen the MCH trauma-informed care issue. MCH Council can work on:</p> <ul style="list-style-type: none"> <li>- Find templates for integrating TIC policies and procedures</li> <li>- Become community champions by educating on ACEs and TIC</li> <li>- KPOP will be publishing data from ACEs state data</li> </ul> <p>Discussion on the ACEs screening</p>	<p>Lori Hasket will email Rachel the ACES state data from KPOP</p>
<p><b>Closing Remarks</b> <i>Dennis Cooley, MD, Chair</i></p>	<p>Dr. Cooley thanked the speakers and the KMCHC members for their work at the meeting.</p>	
<p><b>Future Meetings</b> April 5, 2017  July 19, 2017</p>	<p><u>Mark Your Calendar</u> <b>Ramada Convention Ctr-Downtown, 420 SE 6<sup>th</sup> St, Topeka, KS 66607</b> <b>9:30am – 3:00pm</b></p> <p><b>Kansas Medical Society, 623 SW 10th Ave, Topeka, KS 66612</b> <b>9:30am – 3:00pm</b></p>	<p><b>Done</b> - Chris will email a Doodle Pole for the June/July mtg date.</p>