

Priority 8: Information is available to support informed health decisions and choices

Objective 8.3. By 2020, create and disseminate a toolkit for preschool through school-aged providers with a curriculum and activities designed to teach children and adolescents about healthy habits and choices.

2020.

Strategy	<u>Current Status</u> <ul style="list-style-type: none"> Key Partners: Who is Involved? Current Activities, Initiatives, and Policies 	<u>Moving Forward</u> <ul style="list-style-type: none"> Key Partners: Who is Missing? Gaps, Needs or Challenges to Be Addressed 	<u>Next Steps</u> <ul style="list-style-type: none"> Key Activities to Complete Next (<i>Highlight First Action Step</i>) 	<u>Lead</u> Person Responsible for Coordination of Next Step(s)
8.3.2 Work with schools to incorporate information about healthy choices into school enrollment and orientation materials.				
8.3.4 Distribute <i>The Future is Now THINK BIG – Preparing for Transition Planning</i> workbooks to schools for distribution to children and adolescents as part of orientation.				

Priority 5: Communities and providers support physical, social and emotional health

Objective 5.1. Increase the number of schools that are implementing programs that decrease risk factors associated with bullying by 2020.

Strategy	<u>Current Status</u> <ul style="list-style-type: none"> Key Partners: Who is Involved? Current Activities, Initiatives, and Policies 	<u>Moving Forward</u> <ul style="list-style-type: none"> Key Partners: Who is Missing? Gaps, Needs or Challenges to Be Addressed 	<u>Next Steps</u> <ul style="list-style-type: none"> Key Activities to Complete Next (Highlight First Action Step) 	<u>Lead</u> Person Responsible for Coordination of Next Step(s)
5.1.1 Identify evidence-based programs in partnership with Health Promotion that decrease risk factors associated with bullying through parental involvement, curriculum integration, and school staff-wide training.				
5.1.2 Work with BHP to help schools improve school -based bullying policies to meet best practices.				
5.1.3 Provide information to school nurses and counselors on how to respond to bullying.				
5.1.4 Partner with school nurses and counselors to provide access to behavioral health services in schools .				
5.1.5 Explore options for educating and reporting unsafe social media and digital content.				

Priority 5: Communities and providers support physical, social and emotional health

Objective 5.3. Increase access to programs and providers serving adolescents that assess for and intervene with those at risk for suicide.

<p>Strategy</p>	<p><u>Current Status</u></p> <ul style="list-style-type: none"> • Key Partners: Who is Involved? • Current Activities, Initiatives, and Policies 	<p><u>Moving Forward</u></p> <ul style="list-style-type: none"> • Key Partners: Who is Missing? • Gaps, Needs or Challenges to Be Addressed 	<p><u>Next Steps</u></p> <ul style="list-style-type: none"> • Key Activities to Complete Next (Highlight First Action Step) 	<p><u>Lead</u></p> <p>Person Responsible for Coordination of Next Step(s)</p>
<p>5.3.3 Provide school-based access to confidential mental health screening, referral and treatment that reduces the stigma and embarrassment often associated with mental illness, emotional disturbances and seeking treatment.</p>				
<p>5.3.4 Increase access to substance abuse screening, treatment and prevention services through co-locating screening, treatment and prevention services in schools and/or facilities easily accessible to adolescents in out of school time.</p>				
<p>5.3.5 Promote the yellow ribbon initiative and accessible crisis services through school and out-of-school activities.</p>				

Priority 5: Communities and providers support physical, social and emotional health

Objective 5.4. Develop a cross-system partnership and protocols to increase the proportion of adolescents receiving annual preventive services by 2020.

Strategy	<u>Current Status</u> <ul style="list-style-type: none"> Key Partners: Who is Involved? Current Activities, Initiatives, and Policies 	<u>Moving Forward</u> <ul style="list-style-type: none"> Key Partners: Who is Missing? Gaps, Needs or Challenges to Be Addressed 	<u>Next Steps</u> <ul style="list-style-type: none"> Key Activities to Complete Next (<i>Highlight First Action Step</i>) 	<u>Lead</u> Person Responsible for Coordination of Next Step(s)
5.4.2 Engage school nurses to identify and refer children and adolescents with an Individualized Healthcare Plan (IHP) who have not had a well visit in the past year.				
5.4.3 Partner with schools to evaluate the capacity and infrastructure to provide school -based services for physical, social, and emotional health needs.				

Priority 3: Developmentally appropriate care and services are provided across the lifespan

Objective 3.6. Increase the percent of children and adolescents (K-12 students) participating in 60 minutes of daily physical activity.

Strategy	<u>Current Status</u> <ul style="list-style-type: none"> Key Partners: Who is Involved? Current Activities, Initiatives, and Policies 	<u>Moving Forward</u> <ul style="list-style-type: none"> Key Partners: Who is Missing? Gaps, Needs or Challenges to Be Addressed 	<u>Next Steps</u> <ul style="list-style-type: none"> Key Activities to Complete Next (<i>Highlight First Action Step</i>) 	<u>Lead</u> Person Responsible for Coordination of Next Step(s)
3.6.1 Support schools and communities in promoting events and securing essential supplies for Bike to School and Walk to School events, including the walking school bus, non-competitive sports leagues, and intramural sports.				
3.6.2 Partner with schools and communities to identify safe biking and walking routes between home and school .				