



Kansas Maternal & Child Health Council (KMCHC)
Wednesday, March 30, 2016
Minutes

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| <p>Attendees Dennis Cooley, MD - Chair Rebecca Adamson, APRN-C FNP Carrie Akin Stefanie Baines, CHES Katrina Benyshek, RN Kayzy Bigler Shannon Cotsoradis Diane Daldrup Stephen Fawcett, PhD Terrie Garrison, RN, BSN Kari Harris, MD Shalae Harris, RN, BSN, MPA K. Sarah Hoehn, MD</p> | <p>Sara Hortenstine Jamie Kim, MPH Steve Lauer, PhD, MD Phyllis Marmon, BSE, CCAP Randall Morgan, MD Susan Pence, MD Traci Reed Debbie Richardson, PhD Cherie Sage Christy Schunn, LSCSW Fran Seymour-Hunter Rachel Sisson, MS Heather Smith, MPH</p> | <p>Sharla Smith, PhD, MPH Michele Spainhower Kari Teigen, MPH Erick Vaughn, LMSW Annie Wallace Kay White Stephanie Wolf, RN, BSN Phyllis Young</p> <p>Visitors Rebecca Gilliam, PhD Laura Rice Cari Schmidt, PhD</p> |
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| <p>Staff Connie Satzler Chris Steege</p> | | |
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| Agenda Items | Discussion | Action Items |
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| <p>Welcome & Introductions <i>Dennis Cooley, MD, Chair</i></p> | <p>Dr. Cooley welcome the KMCHC members. New members and Staff were introduced.</p> | |
| <p>Review & Approval of December 16, 2015 Minutes <i>Dennis Cooley, MD, Chair</i></p> | <p>It was moved by Ms. Spainhower. and seconded by Ms. Sage to approve the 12/16/15 minutes. All approved. Dr. Cooley reviewed the agenda for the day.</p> | |
| <p>MCH Website & Facebook Updates <i>Connie Satzler</i></p> | <p>Ms. Satzler updated the KMCHC members on the MCH Website and Facebook page. She requested that each</p> | <p>Members will email any content or pictures for the MCH website to Ms.</p> |

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| | <p>KMCHC member “Like” the Kansas MCH Facebook page. She asked any members without a photo and bio on the website to email her that information to csatzler@kansas.net. Looking for volunteers from each Domain group to serve on the website to advise on content and provide feedback.</p> | <p>Satzler at csatzler@kansas.net</p> <p>Each Domain group will provide 1-2 volunteers to help with the website oversight.</p> |
| <p>Adverse Childhood Experiences (ACEs)</p> <ul style="list-style-type: none"> • Presentation <i>Rebecca Gillam, PhD, KUCPPR</i> <i>Laura Rice, LMSW</i> • Discussion <i>Connie Satzler & KMCHC</i> | <p>Ms. Gillam introduced Laura Rice, LMSW. Ms. Rice presented on the Adverse Childhood Experiences Study (ACES). This study looks at the lasting effects for negative childhood experiences and how that effects health in later years in life. The Study looked at relationships with different poverty levels and the Public Health Implications. Book suggestion: <i>Childhood Disrupted: How Your Biography Becomes Your Biology and How You Can Heal</i>. Brain Development – looked at brain development based on experiences and interactions. Toxic Stress – normal kinds of stress (meeting new people, studying for a test) and then there is Toxic Stress (prolonged activation of stress). Toxic Stress is a strong, frequent and a prolonged adversity experience. <u>Discussion Items:</u> Baby Buffer website includes information and videos, under Brain Science, Still Face Experiment video. Early Learning in the Kansas Plan. Resilience – group discussion on what resilience means Hope Theory Faith Based Organizations and their involvement.</p> <p>Ms. Gilliam presented ACES and MCH state plan. She reviewed Priority 5 & 6 and the existing work in Kansas. <u>Discussion Items:</u> Screening tools – ASQ, PHQ9, Edinburgh Postpartum Depression. ACES does have a standardized screening tool – but there needs to be caution on how to follow up on these scores. Kansas Power of Positive (KPOP) initiative. Trauma Informed Care Wheel. Nadine burke Harris, Ted talk on Center of Youth Wellness – Fight Against ACES and Toxic Stress. Lemonade for Life – University of Kansas, trainings on the</p> | <p>Done - Ms. Steege will email a link to the BRFSS - ACES report with the KMCHC Minutes. (see below) www.kdheks.gov/brfss/pdf/ACE_Report_2014.pdf</p> <p>Ms. Steege will add the ACES video from Ms. Rice video to Baby Buffer website.</p> |

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| | <p>ACES tool and how to apply and help build hope and resilience.</p> <p>Funding issues for prevention</p> <p>Protect the current Public Health programs.</p> <p>Representatives from partnering organizations to help with the goals and priorities.</p> <p>KPOP – educational tools for groups to use as an awareness program.</p> <p>Targeting programs to reach the targeted children.</p> <p>Reframe the conversation to positive from negative.</p> <p>Everyone needs to “own the problem” to move forward.</p> | |
| <p>Review December Meeting Process & Input</p> <p><i>Connie Satzler</i></p> <ul style="list-style-type: none"> • Domain Needs/Follow up • Member Roles & Responsibilities • Domain Group Assignments | <p>Ms. Satzler advised Domain group leaders to review the Notebooks and the information that was requested for clarification from the December 2015 meeting. Each Domain reviewed the Handouts provided by their KDHE staff.</p> | <p>Ms. Satzler will post the Domain Notebook information on the website by Domain.</p> |
| <p>MCH Population Domains: Small Group Work</p> <ul style="list-style-type: none"> • Instructions Connie Satzler • Action Plan Prioritization KMCHC Groups | <p>Ms. Satzler gave directions for the Small Group Domain work. Prioritize what to work on first and prioritize time and resources. She went over the handouts and how to review and prioritize the objectives.</p> | |
| <p>MCH Populations Domains: Small Group Reports & Requests</p> <ul style="list-style-type: none"> • Women/Maternal • Perinatal/Infant • Child • Adolescent <p><i>*including Children & Youth w/Special Health Care Needs and Cross-cutting</i></p> | <p>Report Out Session - Each Domain reported out their High and Low scoring objectives.</p> <p>Women/Maternal – Question about state or HP2020 goals by added for reference.</p> <p>Perinatal/Infant – Questions on breastfeeding information in the priority.</p> <p>Child – Issue of 60 minutes of physical activity in child care</p> <p>Adolescent – Priority 5 at the top. Discussion on HPV vaccine and the low rates in KS as providers don’t do a good job of promoting. Lowest Priority 5.1 – Question on if data sources could be added for easy review.</p> <p><u>Discussion Items:</u></p> <p>An Objective was important, but how to achieve the outcomes.</p> | <p>Ms. Satzler will compile each of the Domain Group’s scoring sheet information.</p> |

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| | <p>Education versus behavior change. Incorporating partners that help with measures, etc. Follow up information will be emailed to members before the June 22 meeting for members to review.</p> | |
| <p>Announcements & Closing Remarks <i>Dennis Cooley, MD, Chair</i></p> | <p>Dr. Cooley thank everyone for their hard work.</p> | |
| <p>Future Meetings June 22, 2016 in Topeka October 5, 2016 in Topeka</p> | <p>June 22, 2016 9:30am – 3:00pm KMS Bldg, 623 SW 10th Ave, Topeka, KS</p> <p>October 5, 2016 9:30am – 3:00pm KMS Bldg, 623 SW 10th Ave, Topeka, KS</p> | |