



MCH 2020: Perinatal & Infant Health

State Priority

Families are empowered to make educated choices about infant health and well-being

Performance Measures

- Percent of infants who are ever breastfed
- Percent of infants breastfed exclusively through 6 months
- Percent of Women, Infants, and Children (WIC) infants breastfed exclusively through six months in designated "Communities Supporting Breastfeeding"
- Number of Safe Sleep (SIDS/SUID*) trainings provided to professionals

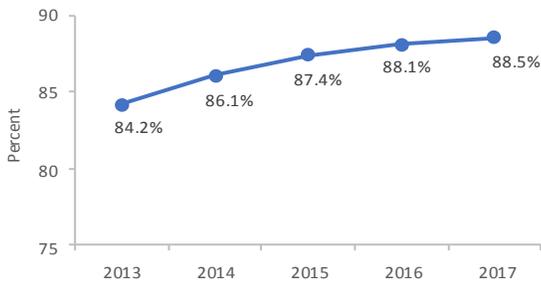
*Sudden Infant Death Syndrome and Sudden Unexpected Infant Death

Kansas Data Highlights

- In 2017, 88.5% of infants were breastfed,¹ higher than the *Healthy People 2020* goal of 81.9%.
- Breastfeeding exclusively for six months supports optimal growth. In 2015, 26.1% of infants were breastfed exclusively for 6 months,² exceeding the *Healthy People 2020* goal of 25.5%.
- In 2017, Sudden Unexpected Infant Death (SUID) is the third leading cause of death for infants. The Kansas Infant Death & SIDS Network provides safe sleep training to more than 4,600 parents and providers annually.³
- Opportunity for Improvement: Disparities persist in perinatal/infant health based on racial, ethnic, socioeconomic and geographic factors.

Spotlight on Improvement

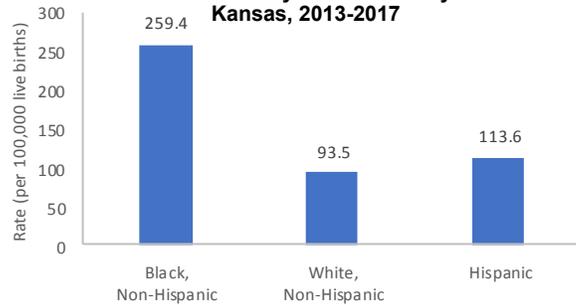
Percent of Infants Ever Breastfed
Kansas, 2013-2017



Source: KDHE Bureau of Epidemiology and Public Health Informatics

Example of Health Disparity

SUID Rate by Race/ Ethnicity
Kansas, 2013-2017



Source: KDHE Bureau of Epidemiology and Public Health Informatics

Next Steps

- Increase the number of communities that provide breastfeeding support across community sectors (i.e. hospitals, businesses, physician clinics, health departments, child care facilities).
- Increase the proportion of births delivered in hospitals that provide recommended care for breastfeeding mothers.
- Develop standardized education on the importance of prenatal and postpartum nutrition and exercise for optimal infant feeding to support existing programs.
- Implement a multi-sector safe sleep initiative to include safe sleep instructor training, expanded community baby shower (safe sleep, breastfeeding, tobacco cessation), hospital bundle, and physician's toolkit.



This fact sheet, created by the Kansas Department of Health & Environment Bureaus of Epidemiology and Public Health Informatics and Family Health highlights the priorities and measures identified as part of the Title V MCH Services Block Grant Program five year needs assessment (*MCH 2020*). The Title V Block Grant was authorized in 1935 as part of the Social Security Act. Title V's mission is to improve the health and well-being of the nation's

